

7/7/2005

2005 NORTHMONT BOYS SOCCER

WINTER / SPRING WEIGHT ROOM & CONDITIONING

- Begins the week of Jan. 17th and runs through the fall season
- Every Mon, Wed & Fri time 5:30 – 6:30PM
- At Northmont H.S. weight room door #6

SPORTS PHYSICALS

When: TBA late May or early June @ Samaritan North
Cost is \$10.00 ?

OPEN FIELDS SCHEDULE

June 27, 2005	6:00pm - 7:00pm	Scrimmage (must attend weight training)
June 29, 2005	6:00pm - 7:00pm	Scrimmage (must attend weight training)

SUMMER TRAINING SCHEDULE

July 05, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage (Physicals due!)
July 07, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage
July 12, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage
July 13, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage
July 14, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage
July 16, 2005	TBA	Perrysburg Invitational
July 17, 2005	TBA	Perrysburg Invitational
July 18, 2005	5:30pm - 8:30pm	Team Camp
July 19, 2005	6:00pm - 9:00pm	Team Camp
July 20, 2005	6:00pm - 9:00pm	Team Camp
July 21, 2005	6:00pm - 9:00pm	Team Camp
July 23, 2005	TBA	Peffley & Samaritan North Invitational
July 24, 2005	TBA	Peffley & Samaritan North Invitational
July 26, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage
July 28, 2005	5:30pm - 8:30pm	Drill/condition/scrimmage (Rain Date)
July 29, 2005	TBA	Greenon Invitational(possible 3 day tournament)
July 30, 2005	TBA	Greenon Invitational
July 31, 2005	TBA	Greenon Invitational
Aug. 01, 2005	6:00pm - 7:30pm	Conditioning @ Stadium
Aug. 02, 2005	6:00pm - 7:30pm	Conditioning @ Stadium
Aug. 03, 2005	6:00pm - 7:30pm	Conditioning @ Stadium
Aug. 04, 2005	6:00pm - 7:30pm	Conditioning @ Stadium
Aug. 08, 2005	6:00pm - 9:00pm**	Sub. 6-minute mile/drills/scrimmages
Aug. 09, 2005	6:00pm - 9:00pm**	Drills/scrimmages

**** MANDATORY TRYOUTS**

- All players will participate in the July 23rd and 24th Peffley Ford / Samaritan North Invitational.
- All players will participate in either the Perrysburg or Greenon Tournament!

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- Team selection criteria will be as follows:
 - Attendance at the above dates
 - All Seniors
 - 2002 Varsity players
 - Any other player (including Freshman) who show well during the 10 DAY CONTACT SESSIONS, TEAM CAMP, PEFFLEY FORD SAMARITAN NORTH INVITATIONAL
- **Only Aug. 8 & 9 are mandatory dates, but it is highly recommended you attend all dates!**
- Bring the following items:
 - Running shoes, soccer boots, shin guards, **water bottle!!!**
- Registration for the camp is due by June 30th for all HS players.
 - Cost of the Camp is \$60.00
 - No player will be turned down because of payment problems. See Coach Spirk

ELIGIBILITY

Current grades 9-11 must be passing five (5) classes at the end of 4th quarter. Gym & Heritage of Movement classes do not count towards the 5 classes. If you are passing less than five (5) classes at the end of 4th quarter you are ineligible for the entire fall 2005 quarter.

Current 8th grade students must be passing 75% of their classes at the end of 4th quarter. If you have two (2) or more F's at the end of 4th quarter you are ineligible for the entire fall 2005 quarter.

I strongly recommend that you contact your counselor if you have any questions or concerns about your grades.

BOYS SOCCER FEES 2005

Participation Fee -	\$40.00
Socks/Spirit shirt -	\$35.00
Camp -	\$60.00

Total \$130.00 These are ESTIMATES!

*Freshman Participation Fee is \$20.00 for Reserve A or B and \$40.00 for Varsity

Note: All the above dates and times are subject to change. These changes will be announced during practice sessions and will also be posted on our web site: www.northmontboysoccer.com. It is **YOUR RESPONSIBILITY** to be aware of these changes.